





JANUARY | 2019

R. G. Drage Career Technical Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 NO SCHOOL 	1 NO SCHOOL 	2 Egg & Cheese Omelet Or French Toast Sticks With Sausage Links Diced Hash Browns Biscuit Cherry Sidekick Fruit	3 Cheese Ravioli Or Beef Ravioli Roll Carrots Fruit BONUS: Cookie	4 Calzone Or Chicken Quesadilla Potato Rounds Green Beans Fruit
7 Cheeseburger with Monterey Jack Jalapeno Cheese Or Popcorn Chicken Fries Peas Fruit or Pear Crisp	8 French Bread Pizza Or Chicken Sandwich Broccoli & Cauliflower Potato Triangles Fruit or Pear Crisp	9 Chicken Alfredo Or Red Sauce over Pasta Garlic Bread Italian Blend Fruit	10 Salisbury Steak Or Country Fried Steak Mashed Potato's Roll Carrots Fruit	11 Meatball Sub Or Corn Dog Potato Rounds Green Beans Fruit BONUS: Cookie
14 Pepperoni Pizza Or Chicken Nuggets Fries Broccoli Fruit BONUS: COOKIE	15 Pulled Pork Or Sloppy Joe Sandwich Potato Triangles Carrots Fruit or Cherry Crisp	16 BBQ Rib Sandwich Or Garlic Flatbread Potato Rounds Baked Beans Fruit or Cherry Crisp	17 Meatloaf Or Breaded Turkey Patty Mashed Potato's Roll Green Beans Fruit	18 Sweet N Sour Chicken Or Chicken Teriyaki Over Rice Roll Stir Fry Vegetables Fruit
21 NO SCHOOL 	22 Popcorn Chicken Mash up Or Hamburger Gravy Over Mashed Potato's Roll Corn Fruit	23 Hot Dog Or Philly Cheese Steak Potato Rounds Broccoli Fruit or Peach Crisp	24 Spicy Chicken Strips Or BBQ Chicken Quesadilla Spudsters Carrots Fruit or Peach Crisp	25 Mac N Cheese Or Scalloped Potatoes with Ham Roll Green Beans Fruit or Side Kick
28 Burrito Or Soft Beef Taco Fries Corn Fruit BONUS: Cookie	29 Bratwurst Or BBQ Chicken Flatbread Potato Rounds Broccoli Fruit or Apple Crisp	30 Stuffed Crust Pizza Or Mini Corn Dogs Fries Carrots Fruit or Apple Crisp	31 Grilled Cheese Sandwich Tomato Soup Or Chicken Noodle Soup Corn Bread Crackers Peas BONUS: Cookie	1 HARVEST OF THE MONTH: MILK & GRAINS 

News:
Other Lunch Options
Available Each Day...

- **Salad Bar**
- **Choice of Chicken Salad, Ham, Turkey or Salami; Subs or Wraps**
- **Uncrustable PB&J**
- **Lunch is served with fat free, 1% white or chocolate milk**



Menu Is Subject to Change