

SEPTEMBER | 2019



R. G. Drage Career Technical Center

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2 NO SCHOOL



3

Pepperoni Pizza
Or
Chicken Quesadilla
Potato Triangles
Broccoli
Fruit
BONUS: Muffin

4

Grilled Chicken Sandwich
Or
Fish Sticks
Onion Rings
Carrots
Fruit or Sidekick
BONUS: Oatmeal Bar

5

Sweet N Sour Chicken
Or
Chicken Teriyaki
Over Rice
Roll
Stir Fry Vegetables
Fruit

6

Pilly Beef Steak Sandwich
Or
Chicken Strips
Potato Rounds
Peas
Fruit
BONUS: Goldfish

9

BBQ Rib Sandwich
Or
Cheese Pizza
Fries
Carrots
Fruit
BONUS: Cookie

10

Soft Beef Taco
Or
Chicken Soft Taco
Fries
Corn
Fruit or Blueberry Crisp

11

Mac -N- Cheese
Or
Scalloped Potatoes with Ham
Roll
Green Beans
Fruit or Blueberry Crisp

12

Bratwurst
Or
Cheeseburger
Fries
Baked Beans
Fruit

13

Soft Pretzel with Nacho Cheese
Or
Deep Dish Pepperoni Pizza
Potato Rounds
Broccoli
Fruit

16

Chicken Alfredo
Or
Pasta with Red Sauce
Garlic Bread
Italian Blend
Fruit or Pear Crisp

17

Pulled Pork Sandwich
Or
Chicken Nuggets
Fries
Carrots
Fruit or Pear Crisp

18

Nachos
Or
Beef, Bean & Cheese Burrito
Potato Triangles
Corn
Fruit
BONUS: Cookie

19

French Bread Pepperoni Pizza
Or
Meatball Sub
Potato Rounds
Broccoli
Fruit

20

Hamburger
Or
Hot Dog
Fries
Baked Beans
Fruit

23

Sloppy Joe
Or
Mini Corn Dogs
Fries
Green Beans
Fruit

24

Sausage Pizza
Or
Three Cheese Calzone
Potato Rounds
Broccoli
Fruit
BONUS: Scooby Snacks

25

BBQ Chicken Quesadilla
Or
Garlic Flatbread
Spudsters
Carrots
Fruit or Peach Crisp

26

Spicy Chicken Sandwich
Or
Hot Ham & Cheese Sandwich
Potato Triangles
Cauliflower
Fruit or Peach Crisp

27

Popcorn Chicken Mash Up
Or
Country Fried Steak
Mashed Potatoes
Roll
Corn
Fruit

30

Chicken Parm with Pasta
Or
Lasagna Roll Ups
Garlic Bread
Italian Blend
BONUS: Cookie

1

2 Harvest of the Month:



CORN

3

4

News

Other Lunch Options Available Each Day...

- **Salad Bar**
- **Choice of Chicken Salad, Ham, Turkey or Salami; Subs or Wraps**
- **Uncrustable PB&J**
- **Lunch is served with fat free, 1% white or chocolate milk**



Menu is subject to change